



PLANTS  
&CAKES

VEGAN, GLUTEN & REFINED SUGAR-FREE

# CATERING

ORDER CATERING VIA OUR E-MAIL:

**[orders@plantsandcakes.de](mailto:orders@plantsandcakes.de)**

*order at least one week in advance*

# SALADS



vegan, gluten & refined sugar-free  
**SALADS**



## CATERING

### FAMILY SIZE

---

**BIG SALAD BOWLS** <sup>1</sup>  
4500g, serves 10

regular price 79,00 €  
ceasar kale salad 69,00 €

### MEDIUM SIZE

---

**REGULAR SALAD BOWLS** <sup>2</sup>  
750g

regular price 12,90 €  
ceasar kale salad 11,90 €

### SMALL SIZE

---

**SMALL SALAD CUPS**  
450g

regular price 8,90 €  
ceasar kale salad 7,90 €

### TU-NO SALAD

wild herbs, rucola, carrots, cucumber, celeri, tu-no, pink-chi, sesame, chili dressing

### CHEEZY POTATAO SALAD

rucola, baby spinach, roasted potatoes, cucumber, roasted nuts, spring onions/red onions, cheezy dressing

### HERB & CRUNCH SALAD

rucola, kale, quinoa, apple, roasted nuts, mint, coriander, vinaigrette



### CEASAR KALE SALAD

kale, rosemary, roasted chickpeas, sour-dough croutons, vegan parmesan, vegan ceasar dressing

### LENTIL & HERB SALAD

rucola, lentils, beetroot, roasted sweet potatoes, radish, mint, dill, parsley, salty granola, vinaigrette

### RAW PAD THAI SALAD

wild herbs, zucchini, carrot, red cabbage, peanuts, crunchy edamame

---

ORDER CATERING VIA OUR E-MAIL:

[orders@plantsandcakes.de](mailto:orders@plantsandcakes.de) | order at least one week in advance



STULLEN BOX

vegan, gluten & refined sugar-free  
STULLEN BOX & BREKKIE BOX



# CATERING

## STULLEN BOX

---

### STULLEN BOX <sup>1</sup>

serves 10, price 85,00 €

mixed box with gluten-free sour-dough sandwiches & homemade spreads (20 halved pieces)

### CARROT LAX & CASHEW CREAM CHEEZE

smoked carrots, cashew cream cheeze, wild herbs, nuts

### TUNO & PINKCHI

chickpea tuna, nori, spicy cashew cream, red cabbage kimchi, nuts

### PEA SMASH & SAVORY GRANOLA

pea hummus, chickpeas, sesame oil & soy, nuts

## BREKKIE FOR ONE

---

### BREKKIE BOX FOR ONE

serves 1, price 18,50 €

one gf sourdough bread (choose from the above options), 1x ginger-lime shot, raw cake bar of the day (may contain almonds, peanuts, sesame, walnuts, hazelnuts and cashews), mini nice cream bowl



1

## FAMILY SIZE BREKKIE

---

### FAMILY SIZE BREKKIE BOX

serves 10-12, price 185,00 €

one stullen box, 10 mini açai-bowls or 10 mini overnight oats, a mini mixed party box (a colorful mix of our raw cakes) and 10 ginger shots

---

ORDER CATERING VIA OUR E-MAIL:

[orders@plantsandcakes.de](mailto:orders@plantsandcakes.de) | order at least one week in advance

SNACK PLATTERS  
& SWEET BOWLS



vegan, gluten & refined sugar-free  
**SNACK PLATTERS  
& SWEET BOWLS**



## CATERING

### FRESH VEGETABLES & DIPS

#### FAMILY SIZE <sup>1</sup>

4500g, serves 10-12, price 55,00 €  
tu-no, pea smash, cream cheeze  
with herbs, celery, cucumber,  
carrot



### FRESH FRUITS & COCO CHIA

#### FAMILY SIZE <sup>2</sup>

4500g, serves 10-12, price 119,00 €  
coco chia pudding, sour-cherry  
compote, granola, strawberries,  
blueberries, raspberries, cur-  
rants, blackberries



### FRESH FRUITS & OVERNIGHT OATS

#### FAMILY SIZE <sup>3</sup>

4500g, serves 10-12, price 109,00 €  
gf overnight oats, sour-cherry  
compote, granola, strawberries,  
blueberries, raspberries, cur-  
rants, blackberries



### COCO CHIA CUPS

#### SMALL SIZE <sup>4</sup>

300g, price 6,50 €

### OVERNIGHT OATS CUPS

#### SMALL SIZE <sup>5</sup>

300g, price 6,50 €



ORDER CATERING VIA OUR E-MAIL:  
[orders@plantsandcakes.de](mailto:orders@plantsandcakes.de) | order at least one week in advance

OATIE POTS



vegan, gluten & refined sugar-free  
OATIE POTS



## CATERING

### PEANUT-CHOC POT

---

#### OATIE & RAW CAKE POT <sup>1</sup>

300g, price 6,90 €

gf overnight oats, rice milk, peanut, raw cocoa, date ganache, rice syrup, wild-berry chia jam, granola, raw treats, cashew



1

### BLACK FOREST POT

---

#### OATIE & RAW CAKE POT <sup>2</sup>

300g, price 6,90 €

gf overnight oats, rice milk, cherry compote, date ganache, raw cocoa, granola, raw treats, cashew, walnut, cocoa nibs, rice syrup



2

### PITAYA & MANGO POT

---

#### OATIE & RAW CAKE POT <sup>3</sup>

300g, price 6,90 €

gf overnight oats, rice milk, coconut milk, mango, pitaya, granola, raw treats, cashew, rice syrup



3

### BANOFFEE POT

---

#### OATIE & RAW CAKE POT <sup>4</sup>

300g, price 6,90 €

gf overnight oats, rice milk, banana, raw cocoa, coco-chia pudding, date-caramel, peanut, granola, raw treats, cashew, rice syrup



4

ORDER CATERING VIA OUR E-MAIL:

[orders@plantsandcakes.de](mailto:orders@plantsandcakes.de) | order at least one week in advance

RAW CAKE BOX



vegan, gluten & refined sugar-free  
RAW CAKE BOX



## CATERING

### MIXED RAW CAKE PARTY BOX

---

FAVOURITE SELECTION <sup>1</sup>  
price 150,00 €

a colorful mix of our  
raw cakes & raw balls  
(26 raw cakes, 4 raw balls)

6x raw mini cakes  
8x raw brownies  
12x raw bars  
4x raw balls



1

### MINI MIXED PARTY BOX

---

FAVOURITE SELECTION <sup>2</sup>  
price 45,00 €

a colorful mix of our raw cakes  
(7 raw cakes portioned into 28  
bites)

2 x raw mini cake (8 bites)  
2 x raw brownies (8 bites)  
3 x raw bars (12 bites)



2

---

ORDER CATERING VIA OUR E-MAIL:  
[orders@plantsandcakes.de](mailto:orders@plantsandcakes.de) | order at least one week in advance

SLOW JUICES  
& COLD DRINKS



vegan, gluten & refined sugar-free  
SLOW JUICES & COLD DRINKS



## CATERING

### COLD PRESSED JUICES

250 ml, price 5,00 €

---

#### **PINK SLOW JUICE <sup>1</sup>**

beetroot, apple, ginger, lime

#### **GREEN SLOW JUICE <sup>2</sup>**

spinach, cucumber, lime, celery,  
apple



1



2

### HOMEMADE LEMONADES & SODAS

250 ml, price 5,00 €

---

#### **PITAYA & PASSIONFRUIT LEMONADE**

passionfruit, pitaya, rice syrup, lime

#### **APPLE SODA**

freshly pressed apple juice, lime,  
soda

#### **BLUE COCO WATER <sup>3</sup>**

coconut water, spirulina, chia seeds



3

---

ORDER CATERING VIA OUR E-MAIL:  
[orders@plantsandcakes.de](mailto:orders@plantsandcakes.de) | order at least one week in advance

SMOOTHIES  
& COLD DRINKS



vegan, gluten & refined sugar-free  
SMOOTHIES & COLD DRINKS



## CATERING

### HOMEMADE SMOOTIES

250 ml, price 4,90 €

#### PEANUT CHOC SMOOTHIE <sup>1</sup>

banana, peanut, cocoa, rice milk

#### PINK PASSION SMOOTHIE <sup>2</sup>

passionfruit, pitaya, mango, coconut milk



### COLD COFFEE

250 ml, price 4,20 €, with syrup 5,20 €

#### OAT LATTE <sup>3</sup>

shot of espresso with oatmilk

#### COLD MATCHA

250 ml, price 5,00 €, with syrup 6,00 €

#### OAT MATCHA <sup>4</sup>

shot of matcha with oatmilk



### HOMEMADE SYRUPS

strawberry  
blueberry  
sour-cherry  
mango  
vanilla

ORDER CATERING VIA OUR E-MAIL:

[orders@plantsandcakes.de](mailto:orders@plantsandcakes.de) | order at least one week in advance

YOUR CATERING

fueled by

PLANTS



